



Curriculum Vitae

Rinly R. Gecosala, M.D., M.S., M.P.H.

CityMed, Occupational & Family Health
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Qualifications and Skills

Practicing Physician in Occupational Medicine, Preventive Medicine/Public Health, Family Medicine and Anti-Aging Medicine including environmental health and hygiene, occupational epidemiology, occupational safety and ergonomics, medical and environmental toxicology, chronic and infectious disease epidemiology, disease control, health risk assessment, hazardous materials, waste management and site mitigation, air dispersion modeling, air pollution monitoring, indoor air quality, bioremediation and process engineering. Certified by Arizona Post to conduct physical for peace officers. Trained in Anti-Aging Medicine and Laser Cosmetic Dermatology.

Diplomate. American Board of Anti-aging and Regenerative Medicine . Passed written and oral exams for board certification, September 2009

Education

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| 2009 | American Academy of Anti-Aging and Regenerative Medicine.
Fellowship in Preventive, Nutritional and Sports Medicine (On-going) |
| 1999 | University of Arizona College of Medicine, Tucson, Arizona <ul style="list-style-type: none">▪ Fellowship in Occupational Medicine |
| 1998 | University of Arizona College of Medicine, Tucson, Arizona <ul style="list-style-type: none">▪ Residency Training in General Preventive Medicine, Occupational Medicine and Public Health |
| 1997 | Michigan State University-Saginaw Cooperative Hospitals, Saginaw, Michigan <ul style="list-style-type: none">▪ Family Practice Residency |
| 1994 | Harvard University, Boston, Massachusetts <ul style="list-style-type: none">▪ Master of Public Health, Occupational and Environmental Health |
| 1990 | University of Perpetual Help Systems, Philippines <ul style="list-style-type: none">▪ Doctor of Medicine |
| 1979 | University of Arizona, College of Mines, Tucson, Arizona <ul style="list-style-type: none">▪ Master of Science-Chemical Engineering |
| 1974 | Cebu Institute of Technology- Philippines <ul style="list-style-type: none">▪ Bachelor of Science- Chemical Engineering |

Employment History

- 2000-Present Philippine Public Health Foundation, Inc USA
Dr Rinly R Gecosala Medical Foundation
Tucson, AZ
President and Founder for a Non-government Charitable Foundation
- 2001-present CityMed, Occupational & Family Health Center, Tucson, Arizona
President & Medical *Director, Occupational, Preventive, Family and Anti-Aging Medicine*
- 1991-present **Edrin** International, Environmental and Occupational Health Consulting,
Tucson, AZ
Principal and Executive Director
- 1991-present Environmental Managers and Auditors, Inc. West Hills, CA
Senior Consultant
- 1999-2009 Department of Economic Security-Rehabilitation Services Administration,
Tucson, Arizona
Regional Medical Consultant Occupational and Rehabilitative Medicine, State of Arizona Department of Economic Security.
- 1999-2009 Department of Veterans Affairs, U.S. Government, Vocational
Rehabilitation
*Medical Consultant, Rehabilitation Medicine
Vocational Rehabilitation Services.*
- 1997-2003 Preceptor and Adjunct Clinical Faculty- University of Arizona, College of
Medicine and Public Health
*Teach residents rotating in Occupational Medicine and 3rd and 4th year
medical students*
- 1999-2003 Kino Hospital, Department of Occupational Medicine, Tucson, Arizona
*Chief of Service, Occupational Medicine and Contracted Physician,
Tucson, AZ*
- 1999-2003 Seasonal Volunteer Physician for WhiteSox Spring Training Physicals
Kino Hospital, Sports Medicine
- 1996-1999 University of Arizona Medical Center, Tucson, Arizona
Saginaw Cooperative Hospitals Inc., Saginaw, Michigan
*House staff positions in Occupational Medicine, General Preventive
Medicine, Family Practice*
- 1995-1997 University of Perpetual Help College of Medicine and Health Sciences,
Philippines
Adjunct Faculty of College of Medicine and Biomedical Engineering
- 1991-1993 Bureau of Fire Prevention and Public Safety, Los Angeles City Fire
Department, City of Los Angeles, California
*Section Commander and Chemical Risk Management and Prevention
Program Manager*

1990-1991	Roy F. Weston Inc., Woodland Hills, California <i>Project Manager/Project Director- Environmental Engineering, Health and Safety.</i>
1981-1986	HR Textron Inc., Valencia, California <i>Project Engineer</i>
1977-1978	Worcester Polytechnic Institute, Worcester, Massachusetts <i>Graduate Research and Teaching Assistant</i>
1978-1979	University of Arizona, Tucson, Arizona Graduate Research and Teaching Assistant
1974-1980	Cebu Institute of Technology, Philippines Faculty in Chemical Engineering

Clinical Experience

1999-2003	Chief of Occupational Medicine Kino Community Hospital, Tucson, Arizona
2001-Present	Medical Director CityMed, Occupational & Family Health, Tucson, Arizona
11/2000-2009	Medical Consultant Department of Economic Security, Vocation Rehabilitation Services State of Arizona
1998-1999	Clinical Fellow and Chief Occupational Medicine Resident Physician University of Arizona Campus Health- Tucson, Arizona
1997-1998	Chief Occupational Medicine Resident Physician Occupational Medicine Clinic-Kino Community Hospital, Tucson Arizona
1997-1998	Chief General Preventive Medicine Resident Physicians University of Arizona Health Sciences Center- Tucson, Arizona Arizona Department of Health Services-Phoenix, Arizona
1996-1997	Family Practice Resident Physicians Saginaw Cooperative Hospitals, Saginaw, Michigan
1996-1997	Clinical Resident Physician Instructor Michigan State University College of Medicine
1991-1993	Clinical Preceptorship Occupational Medicine Tri-city Medical Center, Glendora, California
1991 & 1995	Clinical Assistant, Hypertension Clinic Los Angeles County & University of Southern California Medical Center, Los Angeles, California

Presentations and Publications

Gecosala, R.R. “*Obesity, Epidemiology, Pathophysiology and Management*,” Department of Economic Security, Vocational Rehabilitation Services, State of Arizona Teleconference, May, 2002.

Gecosala, R. R. “*Carpal Tunnel Syndrome and Hand Problems*,” Department of Economic Security, Vocational Rehabilitation Services, State of Arizona Teleconference, March 8, 2002.

Gecosala, R.R. “*Low Back Pain: Basics, Examination and Management*,” Department of Economic Security, Vocational Rehabilitation Services, State of Arizona Teleconference, January 8, 2002.

Gecosala, R.R. “*Occupational Medicine Practice*” University of Arizona College of Medicine Teleconference, September, 2000.

Gecosala, R.R. “*Indoor air Quality: Health Effects and Biocontaminants*,” Intertribal council of Arizona and the Environmental Protection Agency, Indoor Air Quality Conference, Tucson, Arizona, July 1999.

Gecosala, R. R., and Peate, W.F. “*Prevalence Rates of Hepatitis C Among Firefighters in a Municipal Fire Department*,” State of the Art Conference, American College of Occupational and Environmental Medicine, Phoenix, Arizona, October 20, 1998.

Gecosala, R. R., Ewell, M. T., Bland, L., England, R. “*Epidemiologic Investigations of Indoor Air Quality of Birch Hall Building*,” State of the Art Conference, American College of Occupational and Environmental Medicine, Phoenix, Arizona, October 20, 1998.

Gecosala, R. R., and Peate, W. F. “*Updates in Communicable Diseases, An 18-Lecture Series for the Tucson Fire Department*,” Tucson City Fire Department Academy, Tucson, Arizona, July-September 1998.

Gecosala, R.R., “*Sick Building Syndrome*,” Intertribal Indoor Air Quality Conference, Flagstaff, Arizona, September 9, 1998.

Gecosala, R. R., “*Biocontaminants: Identification, Health Effects, and Prevention*”, Intertribal Indoor Air Quality conference, Flagstaff, Arizona, September 9, 1998.

Gecosala, R. R., “*Environmental Effects on Systemic Lupus Erythematosus and other Automimmune Diseases*”, Arizona Department of Health Services, Yuma, Arizona, April 24, 1998.

Gecosala, R. R., “*Updates in Chemical Accident Prevention Programs-Mandate of OSHA and EPA*”, the University of Arizona, Tucson, Arizona, November 11, 1997.

Gecosala, R. R., “*Case Histories on Third Party Review of Risk Management Plans*”, American Industrial Hygiene Conference and Exposition, Kansas City, Missouri, May 20-26, 1995.

Gecosala, R. R., and Markham, A.F., “*Comparative Approaches on Hazard Communication when Implementing Risk Management Programs*”, American Institute of Chemical Engineers

1995 Annual Summer Meeting, Loss Prevention Symposium, Boston, Massachusetts, July 30-August 2, 1995.

Gecosala, R. R., Look, M., and Olekszyk, A., *"An Administering Agency's Approach to Generic Risk Management and Prevention Program"*, American Industrial Hygiene Conference and Exposition, Anaheim, California, May 24-29, 1994.

Gecosala, R. R., Myers, D. W., and Malki, H.G., *"Chemical Risk Ranking: A Probabilistic Modeling"*, International Symposium on Risk Analysis, Society of Risk Analysis, Southern California Chapter, San Diego, California, March 30, 1994.

Gecosala, R. R., and Myers, D. W., *"Risk Management and Prevention Program for Regulatory Agencies"*, 2-day Seminar, County of Alameda and City of Berkeley Environmental health, Chabot-Los Positas Community College, Las Positas, California, July 14 and July 23, 1993.

Gecosala, R. R., and Malki, H.G., *"Risk Ranking of Acutely Hazardous Materials: A Probabilistic Approach"*, American Institute of Chemical Engineers Annual meeting, Seattle, Wisconsin, April 1993.

Gecosala, R. R., *"One Agency's Approach to Risk Ranking"*, Hazard Analysis Conference, Mission Hills, California, October 1992.

Gecosala, R. R., *"Elements of Risk Management and Prevention Program"*, RMPP Conference, Mission Hills, California, October 1992.

Gecosala, R. R., *"RMPP and Business Plan Compliance for Hazardous Materials Planning"*, City Of Los Angeles Hazardous Material Conference, Los Angeles, California, December 1992.

Gecosala, R. R., *"Elements of RMPP and Regulatory Compliance"*, University of Southern California and City of Los Angeles Hazardous Materials Conference, Los Angeles, California, November 1992.

Gecosala, R. R., Look, M., Olekszyk, A., Markham, A.F., Myers, D. W., and Malki, H.G., *"Risk Management and Prevention Program Guidance Documents, Publication Number 101 and 102"*, Los Angeles, California, November 1992, revised edition.

Gecosala, R. R., *"Review of Chemical Processing and Hazardous Waste"*, Philippine Chemical Society, Cebu City, Philippines, October 1986.

Morland, C, and Gecosala, R.R., *"Predicting Filtration Efficiency Performance of Fibrous Media"*, World Filtration Congress Conference, Downington, Pennsylvania, September 1983.

Professional Associations

2012-Present	Member, American Academy of Pain Management
2011- Present	Member, American Academy of Pain Medicine
2003-Present	Member, American Academy of Anti-Aging Medicine
1997	Former Member, American College of Preventive Medicine

1997-Present	Member, American College of Occupational and Environmental Medicine
1998-Present	Member, Western Occupational and Environmental Medicine
1997	Former Member, American Academy of Family Physicians
1997	Former Member, Michigan Academy of Family Physicians
1995-Present	Member, American Public Health Association
1997	Member, American Medical Association
1992	Advisor, Local Emergency Planning Subcommittee, Southern California
1991	Executive committee Advisor, Hazardous Waste Program, City of Los Angeles
1991	Past Member, American Conference of Government Industrial Hygienists
1990	Past Member, National Environmental Health Association
1984	Past Member, National Society of Professional Engineers
1984	Past Member, California Society of Professional Engineers
1982	Past Member, American Institute of Chemical Engineers
1974	Past Member, Philippine Institute of Chemical Engineers

Awards

1992	Service Commendation, City of Los Angeles Fire Department
1991	Outstanding Alumnus, CIT Southern California Chapter
1984	Engineer of the Year Awardee, HR Textron
1983	Outstanding Engineer Awardee, HR Textron
1977	Fullbright-Hays Scholar in Engineering, U.S. Department of State

Professional Registrations/Licenses

- Board Certified, Anti-Aging and Regenerative Functional Medicine, 2009
- Board Eligible, Occupation Medicine and Preventive Medicine
- Licensed Physician, State of Arizona, 07/01/1997 to present
- Certified, Arizona Post Examiner
- Medical Review Officer
- Registered Professional Chemical Engineer in the State of California and the Philippines
- Registered Environmental Assessor, California, 1990-1996
- Advanced Cardiac Life Support and Basis Life Support Certified, American Heart Association
- Neonatal Resuscitation Certified, American Academy of Pediatrics, 1996